

Name: _____

Period: _____

Too Much Sugar!

1) **Investigate** Look up the amount of sugar in one of your favorite beverages. Some options are Gatorade, soda, Starbucks drinks, Jamba Juice, etc. Make sure to include the following information.

Drink: _____

Flavor: _____

Size in ounces: _____

Grams of sugar: _____

2) **Calculate** Set up the proportion and solve for how many sugar packets are in your drink.

3) **Reflect** Knowing how many sugar packets are in your favorite beverage, does this affect your thoughts about your drink.

4) **Extension** What kind of food (or drink) is the equivalent of 50 sugar packets? How do you know that you are correct?